



MEMBERSHIP APPLICATION

Come join us for weekly runs, races and various club events!!

- On Saturday mornings we run various paces and distances from Loantaka Park in Morristown at 8:00am. The runs take us through the beautiful roads of Harding Township, Morristown and Chatham.

- On Sundays we try to schedule runs in different locations such as:
 - River Road, Bedminster
 - Willow Ave, Peapack
 - Tewksbury General Store
 - Great Swamp, Basking Ridge
 - Jockey Hollow, Morristown

- On weekdays, we have morning runs in the local area including track workouts depending on the interest and availability of members.

- Weekly e-mail schedules are sent to members. Please join us for fun and fitness.

To join, fill out the information below and send this application along with your check for \$20.00 (If you are joining as a couple or family, \$20 covers all of you) **made out to:**

**AFRC
c/o Peter Tonno
165 Hillside Avenue
Chatham, NJ 07928**

For more information e-mail:

Mary Ellen Hennessy-Jones, Pres.
amazingfeetrc@gmail.com

_____ Name

_____ Address

_____ City

_____ State _____ Zip

_____ Phone

_____ E-mail

How did you learn about the Amazing Feet Running Club?

What are your specific running interests?

- General Fitness * 5K or 10K Races * Half Marathons * Marathons * Trail Running * Triathlons
- Other _____

Waiver:

I know that participating in Amazing Feet Running Club ("AFRC") Events is a potentially hazardous activity. I agree not to enter and/or participate unless I am medically able and properly trained. "Events" shall include, but not be limited to, informal runs, weekly training runs, and entry in organized races/events. I am voluntarily entering and assume all risks associated with participating in the Event, including, but not limited to, falls; contact with other participants, spectators, or others; the effect of the weather, including snow and/or ice, heat and/or humidity; traffic; and the conditions of the course, all such risks being known and appreciated by me. Having read this Waiver and knowing these facts, and in consideration of your acceptance of this application, I, for myself and anyone entitled to act on my behalf, waive and release The Amazing Feet Running Club and its Officers, Executive Committee and members, from present and future claims and liabilities of any kind, known or unknown, arising out of my participation in any Event or related activities, even though such claim or liability may arise out of negligence or fault on the part of any of the foregoing persons or entities.

X _____
Signature